



أوراق رمضانية

2024



الأوراق المنشورة عن رمضان في عام 2024		
الموافق 17 مارس / آذار 2024	7 رمضان 1445	تاريخ التحديث:
Web of Science (Clarivate)		المصدر:
(ARTICLE, REVIEW, Early Access)		نوع الأوراق:

- [Effects of Ramadan on cognitive functions in young boys](#)
Miladi, A; Saafi, MA; Latiri, I
DEC 31 2024 | LIBYAN JOURNAL OF MEDICINE 19 (1)
- [Effects of Ramadan intermittent fasting on performance, physiological responses, and bioenergetic pathway contributions during repeated sprint exercise](#)
Özbay, S; Ulupinar, S; Gençoglu, C; Ouergui, I; Öget, F; Yilmaz, HH; Kishali, NF; Kiyici, F; Asan, S; Uçan, I; Ardigò, LP
FEB 9 2024 | FRONTIERS IN NUTRITION 11
- [An umbrella review and meta-analysis of meta-analyses of the impact of Ramadan fasting on the metabolic syndrome components](#)
Jahrami, H; Ammar, A; Glenn, JM; Saif, Z; Chtourou, H; Trabelsi, K
2024 FEB 9 2024 | NUTRITION REVIEWS
- [Effect of first week-intermittent fasting during Ramadan on the severity of neuropsychiatric symptoms in patients with fibromyalgia: A prospective study](#)
Hussein, M; Fathy, W; Abdelghaffar, M; Hegazy, MT; Teleb, DA; Adel, S; Kassim, DY; Magdy, R
JAN 2024 | EGYPTIAN RHEUMATOLOGIST 46 (1) pp. 47-50
- [The impacts of Ramadan fasting for patients with non-alcoholic fatty liver disease \(NAFLD\): a systematic review](#)
Lin, XX; Wu, GM; Huang, JY
JAN 17 2024 | FRONTIERS IN NUTRITION 10
- [Metabolic changes with intermittent fasting](#)
Lange, MG; Coffey, AA; Coleman, PC; Barber, TM; Van Rens, T; Oyeboode, O; Abbott, S; Hanson, P
FEB 2024 | JOURNAL OF HUMAN NUTRITION AND DIETETICS 37 (1) pp. 256-269



7. [Fasting diets: what are the impacts on eating behaviors, sleep, mood, and well-being?](#)
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8. [Effect of Ramadan fasting on sleep quality of nursing students in Turkey](#)
Güner, SG; Owayolu, Ö; Owayolu, N
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9. [Effect of intermittent fasting on lipid biokinetics in obese and overweight patients with type 2 diabetes mellitus: prospective observational study](#)
Mohamed, YA; Abouelmagd, M; Elbially, A; Elwasefy, M; Kyrillos, F
JAN 3 2024 | DIABETOLOGY & METABOLIC SYNDROME 16 (1)
10. [Ramadan fasting model exerts hepatoprotective, anti-obesity, and anti-hyperlipidemic effects in an experimentally-induced nonalcoholic fatty liver in rats](#)
Alasmari, AA; Al-Khalifah, AS; Bahammam, AS; Alshiban, NMS; Almnaizel, AT; Alodah, HS;
Alhussain, MH
JAN-FEB 2024 | SAUDI JOURNAL OF GASTROENTEROLOGY 30 (1) pp. 53-62
11. [Effect of Calorie Restriction and Intermittent Fasting Regimens on Brain-Derived Neurotrophic Factor Levels and Cognitive Function in Humans: A Systematic Review](#)
Alkurd, R; Mahrous, L; Zeb, F; Khan, MAB; Alhaj, H; Khraiweh, HM; Faris, ME
JAN 2024 | MEDICINA-LITHUANIA 60 (1)
12. [A review of salivary composition changes induced by fasting and its impact on health](#)
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